



Athlete's Information

WMRA Mountain Running

WORLD CUP 2021

(22nd edition)



1. WORLD CUP RULES 2021

- 1.1. In 2021, there will be races in 3 categories (short uphill, classic mountain and long mountain).
- 1.2. There will be **16 Races** in the WORLD CUP 2021 held at **12 Event** locations. *(The final decision on number of countries, event venues and races in each category is made after reviewing and selection of suitable applicants.)*
- 1.3. **The overall WORLD CUP results** will be calculated from athletes' **best 7 race results**. Each race in each category counts equally to the overall World Cup result.
- 1.4. **The category WORLD CUP results** will be calculated from athletes' **best 3 race results in that single category**. Athletes may rank in more than one category.
- 1.5. An athlete must score in at least **two races** to be included in the final overall World Cup classification. An athlete must score in at least **two races** of a single category to be included in a category classification.
- 1.6. If athletes have the same number of points, their final position will be determined by reference to their highest race positions. Therefore, athletes with equal points, but one has a 1st position and the other has not, the athlete with the 1st position takes priority. If both have a first position, the next superior position is compared and so until a priority is obtained. If this method does not resolve the final positions, the prize money for the final positions will be added together and divided by the number of athletes involved.

- 1.7. The points awarded for each race will be as follows (the same for men and women):

Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.	16.	17.	18.	19.	20.	21.	22.	23.	24.	25.
Points:	100	90	85	80	75	70	65	60	55	50	45	40	35	30	25	20	15	10	5	4	1	1	1	1	1

- 1.8. Bonuses: **The bonus points will be added to apply to an athletes overall World Cup points tally and NOT to their Category points score.**
 - a) Bonus participation at the World Cup final race to be held in Chiavenna, Italy. Each scoring athlete receives a **15 points** bonus to add to their score: for 2021 this final race will be: The Short Uphill (SU) category race on the 10 October 2021.
 - b) There will be a bonus for participation for athletes that complete **5 races** (in classic mountain and long mountain categories only) of **40 points** and a further **24 points** added for athletes that complete **8 races** (regardless of category).
 - c) There will be a bonus Participation for an athlete completing in **at least one race in every category = 24 points**.
 - d) Bonuses can be accrued together provided athletes meet the criteria.
- 1.9. In addition to the overall WORLD CUP classification, there will be also a WORLD CUP category classification (Male/Female).
- 1.10. There can be anti-doping testing at any of the World Cup events.
- 1.11. By accepting prize money for the overall ranking, the athlete consents to the use of his/her contact email being sent to race organisers of next year's World Cup competition for invitation purposes unless the athlete explicitly requests this does not happen. In addition to this the athlete also consents to the use of her/his image in communications surrounding the World Cup for the current and following year.
- 1.12. The total final prize fund will be not less than 10.700 EUR and is provided by the WMRA.
- 1.13. Prize money will be paid for the overall World Cup Champions. Prize money will be distributed as follows, same for women and men:

Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.
EUR:	1250	1000	800	600	450	350	300	250	200	150

- 1.14. Prize money / Awards for category classification will be at the discretion of the WMRA.
- 1.15. WMRA will publish the WORLD CUP Calendar and include a link to the race event as well as race related content and news on the WMRA / WA / partner media channels.
- 1.16. The participating race will automatically be entered into the WMRA Mountain World Ranking.
- 1.17. In 2021 the WMRA will pay a travel support of 600 euro per event for the top 3 ranked athletes in the World Ranking (M & F) = 100euro per athlete. The top 3 ranked athletes World Ranking will be taken from the World Ranking website <https://ranking.wmra.info> on the Friday before the race weekend. In the event that these runners are not available for the event this money will not be paid to the next ranked athletes. For event locations with 2 races held together there will be paid only one single amount.
- 1.18. Each race organiser must offer as a minimum free entry and full board accommodation for at least one night for the athletes (at least two nights for runners who require air travel):
- who finished the 2019 WORLD CUP on the top 10 positions (Appendix 4),
 - The Senior and Junior Men/Women's winners from the previous year's World Mountain Running Championships (Classic) and winners of the previous year's World Long Distance Mountain Running Championships. (Appendix 4)
 - The best 10 athletes' women/men in the World Ranking (taken at 45 days prior to the competition date in order to manage travel and entry logistics for that athlete).
- 1.19. Race organizers shall provide equal prizes /prize money/ for men and women. This prize money should be paid to a minimum of first 3 runners (men & women) with a minimum amount of 4.000 euro distributed at each race.
- 1.20. Any prize money can only be paid to a runner selected for a doping control after the negative results of that doping control.