



Valsir Mountain Running World Cup 2022

RESULTS after nine races



		Country:	IRL	POR	POR	AUT	FRA	ITA	ITA	CZE	SUI	PER	ITA	ITA	ESP	ESP	SLO	ESP	ITA	Total	Total	Total	TOTAL		
		label:	silver	gold	silver	gold	gold	gold	gold	silver	gold	silver	gold	gold	gold	gold	silver	gold	gold	short	clasic	long	all		
		discipline:	long	clasic	long	clasic	clasic	short	long	clasic	long	long	short	long	long	short	clasic	long	short	short	clasic	long	all		
	Name	gen.	YOB	nat.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17				
1	Joyce MUTHONI NJERU	F	1997	KEN		50		50	50	50												50	150	0	200
2	Lucy MURIGI WAMBUI	F	1985	KEN				40	20	16	40		16									16	60	56	132
3	Camilla MAGLIANO	F	1985	ITA		30		20	30	12			2									12	80	2	94
4	Elisa DESCO	F	1982	ITA							50											0	0	50	50
5	Esther CHESANG	F		KEN								50										0	0	50	50
6	Adéla STRÁNSKÁ	F	1991	CZE				30				12										0	42	0	42
7	Susanna SAAPUNKI	F	1992	FIN		40																0	40	0	40
8	Blandine L'HIRONDEL	F	1991	FRA					40													0	40	0	40
9	Andrea MAYR	F	1979	AUT						40												40	0	0	40
10	Maude MATHYS	F		SUI								40										0	0	40	40
11	Gloria Rita Antonia GIUDICI	F	1987	ITA					18	18												18	18	0	36
12	Madalina FLOREA	F	1993	ROM						30												30	0	0	30
13	Hilary GERARDI	F	1986	USA							30											0	0	30	30
14	Philiaries KISANG	F										30										0	0	30	30
15	Scarlet DALE	F	1999	GBR				12	16													0	28	0	28
16	Rosa MADUREIRA	F	1977	POR		25																0	25	0	25
17	Worke AMENA	F	1994	ETH				25														0	25	0	25
18	Anna GIBSON	F	1999	USA					25													0	25	0	25
19	Scout ADKIN	F	1993	GBR						25												25	0	0	25
20	Chiara GIOVANDO	F	1979	ITA							25											0	0	25	25
21	Teresiah OMOSA KWAMBOKA	F										25										0	0	25	25
22	Olivia AMBER	F	1995	USA	20																	0	0	20	20
23	Lorenza BECCARIA	F	1997	ITA		20																0	20	0	20
24	Sandra FERREIRA	F		POR			20															0	0	20	20
25	Francesca GHELFI	F	1996	ITA						20												20	0	0	20
26	Giulia COMPAGNONI	F	1996	ITA							20											0	0	20	20
27	Hana ŠVESTAKOVA Stružková	F	1983	CZE							20											0	20	0	20
28	Sarah MCCORMACK	F										20										0	0	20	20

29	Charlotte COTTON	F	1981	BEL		12		6												0	18	0	18
30	Joana SOARES	F	1993	POR		18														0	18	0	18
31	Mojca KOLIGAR	F	1982	SLO				18												0	18	0	18
32	Ingrid MUTTER	F	1992	ROU							18									0	0	18	18
33	Bailey KOWALCZYK	F										18								0	0	18	18
34	Kathryn O'REGAN	F	1985	USA	17															0	0	17	17
35	Andreia CORREIA	F		POR			17													0	0	17	17
36	Barbora JIŠOVA	F	1992	CZE									17							0	17	0	17
37	Maria ORDONEZ MARINA	F	1992	ESP		16														0	16	0	16
38	Annika SEEFELD	F	1996	GER				16												0	16	0	16
39	Martina CHIALVO	F	1998	ITA							16									0	0	16	16
40	Sarah BRADY	F	1989	IRL	14															0	0	14	14
41	Vivien BONZI	F	2001	ITA		14														0	14	0	14
42	Patrícia RIBEIRO	F		POR			14													0	0	14	14
43	Tina FISCHL	F	1974	GER				14												0	14	0	14
44	Grace STABERG	F	2002	GBR					14											0	14	0	14
45	Ellisa SORTINI	F	1984	ITA						14										14	0	0	14
46	Camila SPAGNOL	F	1989	ITA							14									0	0	14	14
47	Gabriela VEIGERTOVA	F	2000	CZE								14								0	14	0	14
48	Nuria GIL CLAPERA	F											14							0	0	14	14
49	Rebecca HORMANN	F	1996	GBR	12															0	0	12	12
50	Marlene FERREIRA	F		POR			12													0	0	12	12
51	Marine PLACE	F	1993	FRA					12											0	12	0	12
52	Martina BILORA	F	1998	ITA							12									0	0	12	12
53	Sara ALONSO	F											12							0	0	12	12
54	Maeve MAHER-MCW.	F	1986	IRL	10															0	0	10	10
55	Marry VIEIRA	F	1982	POR		10														0	10	0	10
56	Carol PEREIRA	F		POR			10													0	0	10	10
57	Bernadette SCHUSTER	F	1981	AUT				10												0	10	0	10
58	Julia NIEGRZYBOWSKI	F	1999	FRA					10											0	10	0	10
59	Maddalena SOMA ¹	F	2001	ITA						10										10	0	0	10
60	Alessandra OLIVI	F	1991	ITA							10									0	0	10	10
61	Pavla SCHORNA Matyášová	F	1980	CZE								10								0	10	0	10
62	Tabor SCHOLL	F											10							0	0	10	10
63	Anabela AGUIAR	F	1998	POR		8														0	8	0	8
64	Sabrina PRAGER	F	1987	GER				8												0	8	0	8
65	Anna DARMOGRAI	F	1989	FRA					8											0	8	0	8
66	Luisa ROCCHIA	F	1984	ITA						8										8	0	0	8
67	Susan OSTANO	F	1989	ITA							8									0	0	8	8
68	Sally JEPKOSGEI	F											8							0	0	8	8

69	Lean NI CHIOBHAIN	F	1984	IRL	7																0	0	7	7
70	Sandra ARRIBANÇA	F		POR			7														0	0	7	7
71	Tatána METELKOVA	F	1972	CZE							7										0	7	0	7
72	Julia CONCEIÇÃO	F	1968	POR		6															0	6	0	6
73	Laure-Anne FERRENT	F	1990	FRA				6													0	6	0	6
74	Sara BOTTARELLI	F	1990	ITA					6												6	0	0	6
75	Chiara BERERA	F		ITA						6											0	0	6	6
76	Patricia PINEDA CORNEJO	F									6										0	0	6	6
77	Karen WILTON	F	1972	GBR	5																0	0	5	5
78	Ana PASCOAL	F		POR			5														0	0	5	5
79	Tereza KUBIČKOVA	F	1990	CZE							5										0	5	0	5
80	Ruth CANDON	F	1987	IRL	4																0	0	4	4
81	Bruchez PERRINE	F	1984	SUI		4															0	4	0	4
82	Clara CHAVES	F		POR			4														0	0	4	4
83	Laura HAMPEL	F	1999	GER				4													0	4	0	4
84	Maria BENITO	F	1997	ESP					4												0	4	0	4
85	Arianna DENTIS	F	2000	ITA						4											4	0	0	4
86	Guendalina SIBONA	F		ITA							4										0	0	4	4
87	Anna STRAKOVA	F	1973	CZE							4										0	4	0	4
88	Mathilde SANES	F										4									0	0	4	4
89	Fiona HOGG	F	1981	IRL	3																0	0	3	3
90	Ana RANGEL	F		POR			3														0	0	3	3
91	Jana UHEROVA	F	1972	CZE							3										0	3	0	3
92	Eimear O'BRIEN	F	1983	IRL	2																0	0	2	2
93	Rosa SILVA	F	1972	POR		2															0	2	0	2
94	Alice FRANÇA	F		POR			2														0	0	2	2
95	Natalie THOMPSON	F	1984	CAN				2													0	2	0	2
96	Perrine GINDRE	F	2001	FRA					2												0	2	0	2
97	Alice GAGGI	F	1987	ITA						2											2	0	0	2
98	Francesca CRIPPA	F		ITA							2										0	0	2	2
99	Ekaterina ZANOZINA	F	1985	CZE								2									0	2	0	2
100	Deolinda OLIVEIRA	F	1968	POR		1															0	1	0	1
101	Judith HELMBERGER	F	1997	AUT				1													0	1	0	1
102	Aline BAZIN	F	1988	FRA					1												0	1	0	1
103	Martina DA RIN ZANCO	F	1995	ITA						1											1	0	0	1
104	Sabrina AMATO	F		ITA								1									0	0	1	1
105	Julie ROUX	F											1								0	0	1	1
1	Patrik KIPNGENO	M	1993	KEN		50		50	50	50			30								50	150	30	230

2	Philemon KIRIAGO OMBOGO	M	2002	KEN				40	40	40			18							40	80	18	138
3	Petro MAMU SHAKU	M	1985	ERI				30			50		25							0	30	75	105
4	Zak HANNA	M	1995	IRL		40		4	8	20										20	52	0	72
5	Andrea ROSTAN	M	1998	ITA		30				25										25	30	0	55
6	Mark KANGOGO	M		KEN								50								0	0	50	50
7	Cesare MAESTRI	M	1993	ITA				25		18										18	25	0	43
8	Cristian MINOGGIO	M	1984	ITA							40									0	0	40	40
9	Andreu BLANES REIG	M		ESP									40							0	0	40	40
10	Lengen LOLKURRARU	M	1990	KEN				12	12		10									0	24	10	34
11	Sylvian CACHARD	M	1998	FRA						30		4								30	0	4	34
12	Geoffery NDUNGU GIKUNI	M	1984	KEN		20		6		4										4	26	0	30
13	Théodore KLEIN	M	1994	FRA					30											0	30	0	30
14	Mattia GIANOLA	M	1992	ITA							30									0	0	30	30
15	Marek CHRASCINA	M	1997	CZE		25														0	25	0	25
16	Miquel CORBERA RUBIO	M	1999	ESP					25											0	25	0	25
17	Lorenzo BELTRAMI	M	1995	ITA							25									0	0	25	25
18	Ruairi LONG	M	1999	IRL	20															0	0	20	20
19	Germano FIGUEIRA	M		POR		20														0	0	20	20
20	Manuel INNERHOFER	M	1995	AUT				20												0	20	0	20
21	Quentin MEYLEU	M	1996	FRA					20											0	20	0	20
22	ROTA Andrea	M	2000	ITA							20									0	0	20	20
23	Matěj ZIMA	M	1998	CZE								20								0	20	0	20
24	Kilian JORNET	M										20								0	0	20	20
25	Paulo GOMES	M	1973	POR		18														0	18	0	18
26	Timotej BEČAN	M	1996	SLO				18												0	18	0	18
27	Boris ORLHAC	M	1991	FRA					18											0	18	0	18
28	Jean Baptiste SIMUKEKA	M	1983	RWA							18									0	0	18	18
29	Paddy O'LEARY	M	1987	USA	17															0	0	17	17
30	Ricardo RODRIGUES	M		POR		17														0	0	17	17
31	Daniel PATTIS	M	1998	ITA						16		1								16	0	1	17
32	Vít PAVLIŠTA	M	1985	CZE								17								0	17	0	17
33	Jose CARVALHO	M	1977	POR		16														0	16	0	16
34	Christof HOCHENWARTER	M	1997	AUT				16												0	16	0	16
35	Johann BAUJARD	M	1997	FRA					16											0	16	0	16
36	Sergio BONALDI	M	1978	ITA							16									0	0	16	16
37	Robert PKEMOI	M										16								0	0	16	16
38	Shaun STEWART	M	1984	IRL	14															0	0	14	14
39	Rui MUGA	M	1984	POR		14														0	14	0	14
40	Alexandre BLASQUES	M		POR		14														0	0	14	14
41	Hans-Peter INNERHOFER	M	1995	AUT				14												0	14	0	14

42	Frédéric TRANCHAND	M	1998	FRA					14											0	14	0	14	
43	Henri AYMONOD	M	1996	ITA						14											14	0	0	14
44	Daniel ANTONIOLI	M	1982	ITA							14										0	0	14	14
45	Viktor ŠINAGL	M	1997	CZE								14									0	14	0	14
46	Daniel OSANZ	M											14								0	0	14	14
47	Conall WHELAN	M	1998	IRL	12																0	0	12	12
48	Cesar COSTA	M	1976	POR		12															0	12	0	12
49	João RODRIGUES	M		POR			12														0	0	12	12
50	Marco MOLETTA	M	1997	ITA										12							12	0	0	12
51	Luca DEL PERO	M	1997	ITA											12						0	0	12	12
52	Tomáš KRIVOHLAVEK	M	1995	CZE												12					0	12	0	12
53	Rémi BONNET	M															12				0	0	12	12
54	Ondřej FEJFAR	M	1989	CZE					1												0	11	0	11
55	Matthew MCCONNELL	M	1998	IRL	10																0	0	10	10
56	Paulo MACEDO	M	1993	POR		10															0	10	0	10
57	Antonio AMORIM	M		POR			10														0	0	10	10
58	Eric Muthomi RIUNGU	M	1990	KEN				10													0	10	0	10
59	Jacob ADKIN	M	1996	GBR					10												0	10	0	10
60	Alex BALDACCINI	M	1988	ITA										10							10	0	0	10
61	Robbie SIMPSON	M														10					0	0	10	10
62	Carlos LOPES	M	1981	POR		8															0	8	0	8
63	Josef BODNER	M	1998	AUT				8													0	8	0	8
64	Christofer RICHARD	M	1998	GBR										8							8	0	0	8
65	Luca ARRIGONI	M	1981	ITA												8					0	0	8	8
66	Dominik ROLLI	M																			0	0	8	8
67	Aidan MCMORELAND	M	1980	IRL	7																0	0	7	7
68	Igor LYSYI	M		POR			7														0	0	7	7
69	Tomáš HUDEC	M	1990	CZE												7					0	7	0	7
70	Tiago PEREIRA	M	1984	POR		6															0	6	0	6
71	Francesco PUPPI	M	1992	ITA					4								2				0	4	2	6
72	Xavier CHEVRIER	M	1990	ITA					6												0	6	0	6
73	Hannes PERKMANN	M	1993	ITA										6							6	0	0	6
74	Rau CRIADO SANCHEZ	M	1995	ESP												6					0	0	6	6
75	Anthony FELBER	M																			0	0	6	6
76	Conor GREENAN	M	1989	IRL	5																0	0	5	5
77	Fred KALAHARI	M		POR			5														0	0	5	5
78	Petr PEČEK	M	1983	CZE													5				0	5	0	5
79	Mamraz NAGI	M	1978	IRL	4																0	0	4	4
80	Marcelo GONÇALVES	M	1998	POR		4															0	4	0	4
81	Frank FRITSCHÉ	M		POR			4														0	0	4	4

82	Mattia BERTONCINI	M	1998	ITA							4									0	0	4	4
83	Adam SZYMANIK	M	1996	CZE								4								0	4	0	4
84	Fabio BALTIERI	M	1984	IRL	3															0	0	3	3
85	Alfredo PENICHE	M		POR			3													0	0	3	3
86	Dominik CHLUPAČ	M	1993	CZE								3								0	3	0	3
87	Peter PURCELL	M	1991	IRL	2															0	0	2	2
88	Jose SILVA	M	1973	POR		2														0	2	0	2
89	Nuno PAIVA	M		POR			2													0	0	2	2
90	Isaac Toroitich KOSGEI	M	1981	KEN				2												0	2	0	2
91	Chris BALESTRINI	M	1992	CAN					2											0	2	0	2
92	Micael SAOLI SELELO	M	1996	KEN						2										2	0	0	2
93	Danilo BRAMBILLA	M	1991	ITA							2									0	0	2	2
94	Milan JANATA	M	1985	CZE								2								0	2	0	2
95	Jose MADEIRA	M	1991	POR		1														0	1	0	1
96	Simon GOSSELIN	M	1995	FRA					1											0	1	0	1
97	Fabio RUGA	M	1981	ITA						1										1	0	0	1
98	Ionut ZINCA ALIN	M	1983	ROU							1									0	0	1	1

Extract from the World Cup 2022 Regulations (items 5.4, 5.5 and 5.7)

- The overall WORLD CUP results will be calculated from athletes' best 6 race results.
- The category WORLD CUP results will be calculated from athletes' best 3 race results in that single category
- Scoring:

World Cup races / Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.
Gold label points:	50	40	30	25	20	18	16	14	12	10	8	6	4	2	1
Silver label points	20	17	14	12	10	7	5	4	3	2	-	-	-	-	-

	date	race name	venue	country	disc.	label
1	21. May	Seven Sisters Skyline	Dunlewey, Donegal	IRL	Long	Silver
2	19. June	2. Montemuro Vertical Run	Castro Daire	POR	Classic	Gold
3	3. July	One Hundred Douro-Paiva	Cinfaes	POR	Long	Silver
4	10. July	22. Grossglockner Berglauf TBC	Heiligenblut	AUT	Classic	Gold
5	16. July	La Montée du Nid d'Aigle	St Gervais	FRA	Classic	Gold
6	30. July	Giir di Mont Uphill	Premana	ITA	Classic	Silver
7	31. July	Giir di Mont	Premana	ITA	Short Up	Gold
8	07. Aug.	Krkonosky half marathon	Jasnke Lazne	CZE	Long	Gold
9	13. Aug.	Sierre-Zinal	Zinal	SUI	Long	Gold
10	25. Aug.	Andes Race	Cusco	PER	Long	Silver
11	3. Sept.	7. Vertical Nasego	Nasego	ITA	Short Up	Gold
12	4. Sept.	21. Trofeo Nasego	Nasego	ITA	Classic	Gold
13	9. Sept.	Canfranc - Canfranc	Canfranc-Estacion	ESP	Short Up	Gold
14	11. Sept.	Canfranc - Canfranc	Canfranc-Estacion	ESP	Classic	Gold
15	1. Oct.	43. Smarna Gora Race	Ljubljana	SLO	Classic	Silver
16	2. Oct.	12. Zumaia flysch trail mendi maratoina	Zumaia-Gipuzkoa	ESP	Long	Gold
17	8. Oct.	23. Kilometro Verticale Chiavenna-Lagunc	Chiavenna	ITA	Short Up	Gold