



Valsir Mountain Running World Cup 2022

RESULTS after the first race



	date	race name	venue	country	disc.	label
1	21. May	Seven Sisters Skyline	Dunlewey, Donegal	IRL	Long	Silver
2	19. June	2. Montemuro Vertical Run	Castro Daire	POR	Classic	Gold
3	3. July	One Hundred Douro-Paiva	Cinfaes	POR	Long	Silver
4	10. July	22. Grossglockner Berglauf TBC	Heiligenblut	AUT	Classic	Gold
5	16. July	La Montée du Nid d'Aigle	St Gervais	FRA	Classic	Gold
6	30. July	Giir di Mont Uphill	Premana	ITA	Classic	Silver
7	31. July	Giir di Mont	Premana	ITA	Short Up	Gold
8	07. Aug.	Krkonosky half marathon	Jasnke Lazne	CZE	Long	Gold
9	13. Aug.	Sierre-Zinal	Zinal	SUI	Long	Gold
10	25. Aug.	Andes Race	Cusco	PER	Long	Silver
11	3. Sept.	7. Vertical Nasego	Nasego	ITA	Short Up	Gold
12	4. Sept.	21. Trofeo Nasego	Nasego	ITA	Classic	Gold
13	9. Sept.	Canfranc - Canfranc	Canfranc-Estacion	ESP	Short Up	Gold
14	11. Sept.	Canfranc - Canfranc	Canfranc-Estacion	ESP	Classic	Gold
15	1. Oct.	43. Smarna Gora Race	Ljubljana	SLO	Classic	Silver
16	2. Oct.	12. Zumaia flysch trail mendi maratoina	Zumaia-Gipuzkoa	ESP	Long	Gold
17	8. Oct.	23. Kilometro Verticale Chiavenna-Lagunc	Chiavenna	ITA	Short Up	Gold

Extract from the Regulations (items 5.4, 5.5, 5.7)

- The overall WORLD CUP results will be calculated from athletes' **best 6 race results**.
- The category WORLD CUP results will be calculated from athletes' **best 3 race results in that single category**.

→ Scoring:

Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.
WCup gold label races Points:	50	40	30	25	20	18	16	14	12	10	8	6	4	2	1
WCup silver label races Points:	15	12	10	8	6	5	4	3	2	1	-	-	-	-	-

Country: IRL POR POR AUT FRA ITA ITA CZE SUI PER ITA ITA ESP ESP SLO ESP ITA
 label: silver gold Silver gold gold gold gold silver gold silver gold gold gold silver gold gold
 discipline: long clasic long clasic clasic short long clasic long long short long clasic short clasic long short

	NAME	gen.	YOB	nat	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	bonus	Total short	Total classic	Total long	TOTAL TOTAL
1	LONG Ruairi	M	1999	IRL	20																		0	0	20	20
2	O'LEARY Paddy	M	1987	USA	17																		0	0	17	17
3	STEWART Shaun	M	1984	IRL	14																		0	0	14	14
4	WHELAN Conall	M	1998	IRL	12																		0	0	12	12
5	MCCONNELL Matthew	M	1998	IRL	10																		0	0	10	10
6	MCMORELAND Aidan	M	1980	IRL	7																		0	0	7	7
7	GREENAN Conor	M	1989	IRL	5																		0	0	5	5
8	NAGI Mamraz	M	1978	IRL	4																		0	0	4	4
9	BALTIERI Fabio	M	1984	IRL	3																		0	0	3	3
10	PURCELL Peter	M	1991	IRL	2																		0	0	2	2
1	AMBER Olivia	F	1995	USA	20																		0	0	20	20
2	O'REGAN Kathryn	F	1985	USA	17																		0	0	17	17
3	BRADY Sarah	F	1989	IRL	14																		0	0	14	14
4	HORMANN Rebecca	F	1996	GBR	12																		0	0	12	12
5	MAHER-McW. Maeve	F	1986	IRL	10																		0	0	10	10
6	NI CHIOBHAIN Lean	F	1984	IRL	7																		0	0	7	7
7	WILTON Karen	F	1972	GBR	5																		0	0	5	5
8	CANDON Ruth	F	1987	IRL	4																		0	0	4	4
9	HOGG Fiona	F	1981	IRL	3																		0	0	3	3
10	O'BRIEN Eimear	F	1983	IRL	2																		0	0	2	2