



# WMRA Mountain Running WORLD CUP 2018 (20<sup>th</sup> edition)



## Regulations (20. July 2018)

### 1. GENERAL

- 1.1. WMRA stages annually a **WMRA World Cup** (till 2013 called "WMRA GRAND PRIX")
- 1.2. The full name of competition is "**WMRA Mountain Running WORLD CUP YYYY**" (shortly **Mountain Running WORLD CUP**), and hereafter, called **WORLD CUP**. The name of **WORLD CUP** title sponsor may also be included.
- 1.3. WMRA Council are responsible for organisation of the **WORLD CUP**. They will draw up the Regulations for the forthcoming season. Updated documents and results will be published on the WMRA website.
- 1.4. The **WORLD CUP** is for individuals, men & women only. There will be no team or age-related competition.
- 1.5. All **WORLD CUP** races must apply for "**IAAF Mountain Running Permit**" status.

### 2. MEMBERSHIP

- 2.1. Recognised and well organised international mountain races are invited to submit applications to be part of the **WORLD CUP**.
- 2.2. Participating races automatically become WMRA Permit and IAAF Permit races.
- 2.3. Participating races must fully accept the **WORLD CUP** and IAAF Permit Regulations and must be organised in accordance to national rules for international sport events including medical service, insurance and doping control.
- 2.4. Participating races must be recognized by their National Athletic Federation.
- 2.5. Applications for inclusion in the **WORLD CUP** must be sent to the WMRA secretary by 15<sup>th</sup> November in the preceding year, using the official application form (appendix 1), unless otherwise permitted.
- 2.6. A contract between WMRA, selected **WORLD CUP** race LOC's and their National Federations will be signed when selection is confirmed (appendix 2).

### 3. SELECTION CRITERIA AND PROCEDURE

- 3.1. Applications will be considered, and the races selected by the WMRA Council before 1<sup>st</sup> December when possible. All bidding races will be notified of the result.
- 3.2. The races selected may be a mix of uphill only and up/down, the ratio to be decided by the WMRA Council according to bids received. They don't need to conform to the World Championships parameters. Courses must be safe and well-marked, so that all the participants have equal conditions. Organiser must take care for the environment when planning the course and must remove all the debris from the course after the race.
- 3.3. Races should consider the environmental impact of their races and limit the amount of material that will be thrown away. Consideration should be made to use recyclable and recycled materials in race numbers, advertising, race packs, refreshment areas etc.
- 3.4. The WMRA will try to include variety in the **WORLD CUP** by bringing in at least one change to the races selected from the previous year.
- 3.5. The WMRA should give priority to the principle of having one race per country whenever possible.
- 3.6. Races should demonstrate adequate levels of capability on race management and demonstrate adequate responsibility for the comfort and safety of all participants.

### 4. FINAL PRIZEGIVING CEREMONY

- 4.1. The final prize giving ceremony for the overall **WORLD CUP** result will be held at the last **WORLD CUP** race of the series. The LOC should organize a suitable ceremony using the standardised protocol (appendix 3) and bear the costs of the ceremony.
- 4.2. The best placed women and men will receive money prizes as stated in the **WORLD CUP** Rules. In addition, those in first places in the women's and men's competition will receive special WMRA awards.
- 4.3. Runners who are not present at the prize-giving ceremony must contact WMRA to receive their prize money. Any person who is authorised in writing by an absent prize winner may collect the prize money on his/her behalf. Any expenses connected with sending the money by other means will be deducted from the prize money. The runner who does not contact WMRA at latest by 1<sup>st</sup> Dec in the current year renounces the prize.

### 5. SANCTIONS

- 5.1 Organisers who do not observe the **WORLD CUP** Rules and Regulations are liable to be omitted from future **WORLD CUP** series for up to three years.

## 6. RULES 2018

- 6.1. There will be five races in the **WORLD CUP 2018**.
- 6.2. The overall WORLD CUP result will be calculated from athletes' best four results from the five races and prizes will be awarded according to this result.
- 6.3. An athlete must score in at least two races to be included in the final published results.
- 6.4. If athletes have the same number of points, their final position will be determined by reference to their highest race positions. Therefore, athletes with equal points, but one has a 1<sup>st</sup> position and the other has not, the athlete with the 1<sup>st</sup> position takes priority. If both have a first position, the next superior position is compared and so until a priority is obtained. If this method does not resolve the final positions, the prize money for the final positions will be added together and divided by the number of athletes involved.

- 6.5. The points awarded for each race will be as follows (the same for men and women):

Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.	16.	17.	18.	19.	20.	21.	22.	23.	24.	25.
Points:	100	90	85	80	75	70	65	60	55	50	45	40	35	30	25	20	15	10	5	4	1	1	1	1	1

- **Bonus Final Race:** Racing at the WORLD CUP Final gives each scoring athlete a 15 points bonus to add to onto their final score.
  - **Bonus Nations Top Race:** For the races that have runners competing from 12 and more different countries, scoring athletes will be rewarded receiving a 10 points bonus to add to their score.
- 6.6. The total final prize fund will be 11.200 EUR and is provided by the WMRA.
- 6.7. Prize money will be distributed as follows, same for women and men:

Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.
EUR:	1200	1000	800	600	500	400	350	300	250	200

- 6.8. Race events will be entitled to have the WMRA and IAAF permit logos included on their publicity / race numbers for the event.
- 6.9. Race events will be entitled to use without cost WMRA provided media and shared media content as long as acknowledgements and photo credits are published.
- 6.10. WMRA will publish the WORLD CUP Calendar and include a link to the race event as well as race related content and news on the WMRA / IAAF media channels.
- 6.11. The participating race will automatically be entered into the Mountain World Ranking without further cost for the year of WORLD CUP participation.

## 7. RACE ORGANISERS RESPONSIBILITIES

- 7.1. Each race organiser must offer as a minimum free entry and accommodation for at least one night (at least two nights for non-European runners) for the athletes who finished the 2017 WORLD CUP on top 10 positions (see Appendix: 4) and the best 5 athletes in the current WORLD CUP ranking.
- 7.2. Each WORLD CUP event Organiser will pay 1500 EUR as the WORLD CUP entry fee (this fee includes also the 250 USD IAAF Permit fee. The fee must be paid within one month after issuing of the invoice.
- 7.3. All additional expenses such as advertising etc. are at the cost of the race organisers and must be approved by all parties in advance.
- 7.4. Race events will mention the WMRA WORLD CUP in news articles and Social Media posts in the build-up to the race day.
- 7.5. Participating races will be responsible for hosting at least one WMRA Council members & two WMRA media team members during the event.
- 7.6. A suitable room(s)/facilities for the anti-doping procedures to take place. See item 2.3. Note: 2018 doping controls at all participating WORLD CUP Races will be paid in full by the AIU (Athletes Integrity Unit).
- 7.7. Results will be emailed to the WMRA within 24 hours of the race finish in an agreed excel database format with the official timer/race event LOC.
- 7.8. Races will agree to provide an e-mailing list for their race or co-operate with the WMRA to allow related e-news items to be sent to the race contacts. The use of this will be on a good faith basis in order not to abuse the race events good will with their participants.

8. **WORLD CUP 2018 CALENDAR:** See also Appendix 4 for race event contact information

1	15. July – Sun.	Grossglocknerlauf	Heiligenblut	AUT
2	4. Aug. – Sat.	PizTriVertikal	Malonno	ITA
3	12. Aug. – Sun.	Sierre-Zinal	Sierre & Zinal	SUI
4	30. Sept. – Sun.	45 <sup>th</sup> Hochfeln-Berglauf	Bergen	GER
5	6. Oct. – Sat.	39 <sup>th</sup> Smarna Gora Int. Mountain Race	Ljubljana	SLO

- Appendix 1: World Cup Application form
- Appendix 2: World Cup Contract
- Appendix 3: Prize giving ceremony – protocol
- Appendix 4: Race Contact Information Calendar 2018 and top athlete classification 2017
- Appendix 5: Web page / Social Media guidelines
- Appendix 6: Results Formatting